

THE Shenai

Indian Cuisine



Dine In Menu

Minimum cover charge £10 per person

Management reserves the right to refuse any person without any explanation

STARTERS

PAPPADOM	£0.95
<i>Thin crispy appetiser.</i>	
ONION BHAJI (4 PICS)	£3.95
<i>Fresh vegetables and sliced onions blended with gram flour deep fried.</i>	
MEAT/VEG SOMOSA (2 PICS)	£3.95
<i>Triangular savoury filled with spicy meat or vegetables.</i>	
TANDOORI GARLIC CHICKEN.....	£4.25
<i>Pieces of chicken marinated in mild mint and coriander spices and garlic cooked in the clay oven.</i>	
CHICKEN TIKKA TARKA Hot	£4.25
<i>Marinated boneless chicken cooked in clay oven.</i>	
NARGIS KEBAB	£4.95
<i>Minced meat stuffed with a boiled egg and fried.</i>	
MIX STARTER	£5.95
<i>Combination of lamb tikka and chicken tikka fried with onion and green peppers served with an onion bhaji and a somosa.</i>	
MIXED PLATTER.....	£6.95
<i>Combination of lamb tikka, chicken tikka, tandoori king prawn, shish kabab and onion bhaji.</i>	
SUPREME PLATTER	£8.95
<i>Combination of lamb tikka, chicken tikka, garlic tikka, naj tikka, tandoori king prawn, shish kabab, onion bhaji and a somosa</i>	
KING PRAWN PURI	£6.95
<i>King prawns cooked in a spicy and tangy sauce, served over deep fried homemade bread.</i>	
KING PRAWN TANDOORI	£6.95
<i>King prawns marinated in mild spices and baked in the tandoori.</i>	
CHI NAJ TIKKA Hot	£4.95
<i>Chicken marinated in mint and garlic, cooked in a clay oven and highly spiced.</i>	
DUCK TIKKA	£5.95
<i>Succulent pieces of boneless duck marinated in yogurt and mild spices, baked in the clay oven.</i>	
ALOO KOFTA (4 PICS)	£3.95
<i>Mash potato balls deep fried with bread crumb.</i>	
CHICKEN CHAAT	£3.95
<i>Shredded chicken cooked in a tangy sauce with cucumber and tomatoes.</i>	
CHICKEN CHAAT PURI	£4.50
<i>Shredded chicken cooked in a tangy sauce with cucumber and tomatoes. Served over deep fried homemade breads.</i>	
CHICKEN TIKKA	£3.95
<i>Succulent pieces of boneless chicken marinated in yogurt and mild spices baked in the clay oven.</i>	
LAMB TIKKA	£3.95
<i>Tender pieces of lamb marinated in yogurt and mild spices and baked in a tandoori.</i>	
LAMB CHOPS	£4.95
<i>Marinated in Garlic & Spices and baked in a clay oven</i>	
PANEER TIKKA	£3.95
<i>Indian cheese marinated in yogurt, tikka and kashmir spices baked in a tandoori.</i>	
SHEEK KEBAB	£3.95
<i>Cherry like minced lamb mixed with herbs and spices.</i>	
BAGARI PR GARLIC	£4.95
PRAWN COCKTAIL	£3.50
PRAWN PURI	£4.50
<i>An array of spicy tangy prawns smothered over deep fried homemade breads.</i>	

Please Note:

Some dishes may contain Gluten
Some dishes may contain Nuts

All dishes can be made to order
as vegetarian.

From the Tandoori oven

The tandoori oven is used as the traditional Indian baking technique. With deep clay body, it's fuelled by coal from the bottom, which spreads an even and high heat throughout the walls of the oven. Meats are placed along the side of the walls to bake. Some bread, such as naan are slapped against the wall itself.

CHICKEN TIKKA	£6.95
<i>Succulent pieces of chicken marinated in yogurt and mild spices and then baked In clay oven. Served with mixed salad.</i>	
LAMB TIKKA	£7.95
<i>Tender pieces of lamb marinated in yogurt and mild spices and baked in a tandoori.</i>	
LAMB CHOP	£8.95
<i>Marinated in Garlic and Spices and baked in a clay oven.</i>	
DUCK TIKKA	£8.95
<i>Tender pieces of duck marinated in yogurt and mild spices and baked in a tandoori.</i>	
TANDOORI CHICKEN 1/2	£6.95
<i>A classic dish of a half piece of chicken marinated in a slight tangy selection of spices, before being baked Served with sizzling onions and mixed salad.</i>	
TANDOORI GARLIC CHICKEN	£7.95
<i>Succulent pieces of chicken marinated in yogurt, mild spices and garlic and then baked In clay oven. Served with mixed salad.</i>	
SHASHLIK	£8.95
<i>Tender pieces of chicken or lamb marinated in yogurt and mild spices, cooked on skewers with green peppers, tomatoes and onions. Served with mixed salad.</i>	
TANDOORI KING PRAWN	£13.95
<i>Mouth-watering king prawns delicately marinated in mild spices and baked. Served with mixed salad.</i>	
TANDOORI MIXED GRILL.....	£14.95
<i>A selection of baked meats: Lamb Tikka, Chicken Tikka, 1/4 Tandoori Chicken, King Prawns and Sheek Kebab. Served with mixed salad, sizzling onions and naan bread.</i>	

Biryani Dishes

The Biryani is a classic regal dish of India. It is always served on special occasions. The Biryani is a method of cooking rice with flavours of vegetables, prawns, chicken or lamb. All ingredients are cooked slowly together in a large pot. Whole spices are used and special fragrance comes from the addition of rose water.

CHICKEN BIRYANI	£8.95
CHICKEN TIKKA BIRYANI.....	£9.95
LAMB BIRYANI	£9.95
LAMB TIKKA BIRYANI	£10.95
KING PRAWN BIRYANI	£13.95
MIX BIRYANI	£14.95
<i>Lamb, chicken and prawns</i>	
PRAWN BIRYANI.....	£8.95

Thalis

VEGETARIAN THALI	£11.95
<i>Vegetable Kurma, Aloo Gobi, Saag Aloo, Tarka Dal, Rice and Naan.</i>	
MEAT THALI	£15.95
<i>Chicken Curry, Meat Bhuna, Tandoori Mix Grill, Rice and Naan.</i>	

House Specials

The following dishes may be ordered as lamb, chicken or king prawn for £4.00 extra

KORAI	£6.95
<i>Cooked with peppers, tomatoes and onions in a korai.</i>	
CHILLI MASALA	£7.95
<i>A fiery dish cooked with fresh chillies in our signature sauce.</i>	
GARLIC MASALA	£7.95
<i>A dish cooked in a medium spiced thick sauce and garnished with fried garlic.</i>	
PASANDA	£8.95
<i>An exotic dish with almond, sultanas, cream and red wine in a mild sauce.</i>	
JALFRIZI	£7.95
<i>Flavoured with hint of ginger and fresh green chillies for a hot taste.</i>	
MASSALA	£8.95
<i>Very popular dish, finished in a mild, creamy yogurt sauce.</i>	
SHASHLIK TIKKA MASSALA	£8.95
DOPIAZA	£6.95
<i>Cooked medium spices in thick onion sauce.</i>	
KAZANA.....	£8.95
<i>Lamb tikka and lamb mince cooked medium spiced in a thick sauce with onion and green pepper.</i>	
HANDI GOSHT	£8.95
<i>An exotic preparation of lamb and Indian pumpkin.</i>	
GOSHT SHALLY	£8.95
<i>Lamb cooked with medium spice and potato straws.</i>	
CHICKEN RAZALA	£8.95
<i>A typically Bangladeshi dish and highly spiced cooked in yogurt.</i>	
CHICKEN ALAPUCH	£7.95
<i>Highly spiced dish cooked with potato, herbs and chilli.</i>	
TAWA CHICKEN	£8.95
<i>The stir fried dish of chicken is finished to moist consistency on the tawa with peppers and onions.</i>	
ROSHNI BAHAR	£8.95
<i>Sliced lamb cooked with garlic and spices (thick sauce).</i>	
MODHU MURG	£8.95
<i>Tender chicken or lamb cooked with honey, finished in sweet, creamy sauce.</i>	

Chef's Recommendations

MURGI JABWALA	£9.95
<i>Whole breast of chicken stuffed with lean mince meat, cooked with onions, green peppers in a medium sauce.</i>	
SHENAI BADAMI	£9.95
<i>Sliced marinated Chicken Tikka with vegetables stir fried to a moist consistency with cashew nut and mild to hot spices.</i>	
ZAFRANI	£9.95
<i>Succulent pieces of chicken breast cooked in a smooth, creamy sauce, with ground pistachio nuts.</i>	
ACHARI BAHAR	£9.95
<i>Chicken or lamb cooked with mixed pickle in a medium tangy sauce.</i>	
LAMB CHOP CARSZI	£14.95
<i>Highly spiced dish using chef's own spice mix</i>	
KING PRAWN NAWABI	£13.95
<i>Mouth-watering king prawns cooked in their shells in spicy sauce on onions, peppers and tomatoes.</i>	
SHENAI BAHAR	£9.95
<i>Chicken or lamb cooked in a medium spiced Kashmiri sauce. (King Prawn £4.00 extra)</i>	
SHAMU SPECIAL	£9.95
<i>Chicken with Naga spices. Fairly hot</i>	
KING OF KING PRAWN	£13.95
<i>Shell-on king prawn cooked with herbs, medium hot.</i>	
MURGI MASALA	£9.95
<i>Half a spring chicken marinated in fresh herbs and spices, cooked with mince on a most sauce. Served with salad and white basmati rice</i>	
CHICKEN / LAMB MAKONI.....	£13.95
<i>Half spring chicken/lamb marinated in yoghurt, medium herb and spicys, set on top of a layer of fresh cream and butter</i>	

Old Favourites

The following dishes may be ordered as:
 Chicken / Prawns £6.95
 Lamb at £7.25 or King prawn at £12.95

Mild Dishes

KORMA

A mild dish cooked in a creamy coconut sauce.

KASHMIRI

A mild dish cooked in a creamy coconut sauce with exotic fruits.

MALUA

A mild creamy dish cooked with mango.

Medium Dishes

ROGON JOSH

A slightly tangy dish cooked with tomatoes and medium hot spices.

BHOONA

Cooked medium spices in thick onion sauce.

PALONG

Medium spiced with spinach.

Hot Dishes

MADRAS

A hot and spicy dish in a thick sauce of browned onions, tomatoes, coriander and fresh lemon juice and green chillies.

VINDALOO

A fiery dish in a hot and sour made of dry red chillies and laced with lemon juice.

CEYLON

A hot dish finished in a slightly tangy and spicy coconut flavoured sauce.

Persian Dishes

DANSAK

Actually this is a Persian dish now common Mumbai. It is cooked using lentils to a slightly hot, sweet and sour taste.

Lamb - with rice	£9.25
Chicken - with rice	£8.95
King Prawn - with rice	£13.95

PATHIA

A hot, sweet and sour dish cooked with chillies, brown sugar and lemon juice and tomato

Lamb with rice	£9.25
Chicken - with rice	£8.95
King Prawn - with rice	£13.95

Balti

BALTI CHICKEN - with rice £9.95
Hot and sour dish cooked in onion and tomato sauce.

BALTI LAMB - with rice £10.95
Hot and sour dish cooked in onion and tomato sauce.

BALTI PRAWN - with rice £8.95
Hot and sour dish cooked in onion and tomato sauce.

BALTI VEGETABLE - with rice £6.95
Hot and sour dish cooked in onion and tomato sauce.

BALTI KING PRAWN - with rice £13.95
Hot and sour dish cooked in onion and tomato sauce.

Duck

DUCK JALFRIZI	£9.95
<i>Flavoured with hint of ginger and fresh green chillies for a hot taste.</i>	
DUCK BHOONA	£9.95
<i>Medium cooked with fresh onion & tomato</i>	
DUCK WITH HONEY	£9.95
<i>Sliced Duck cooked with green peppers, onions, corriander and honey.</i>	
DUCK CHILLI MASSALA.....	£9.95
<i>Duck cooked with green chillies.</i>	
DUCK MISHTI	£9.95
<i>Cooked with sweet chilli sauce.</i>	

Fish

FISH BHOONA	£10.95
<i>Medium cooked with fresh onion & tomato</i>	
FISH JALFRIZI	£10.95
<i>Flavoured with hint of ginger and fresh green chillies for a hot taste.</i>	
SOUTH INDIAN SEA BASS	£10.95
<i>Fresh garlic, chili, mustard and chef's special sauce</i>	

Vegetable Sides

SABZI BHAJI	£3.75
<i>Mixed vegetables stir fried to a dry finish</i>	
SABZI CURRY	£3.75
<i>Mixed vegetables in a traditional sauce.</i>	
ALOO GOBI	£3.75
<i>Potatoes cooked with cauliflower.</i>	
SAAG ALOO	£3.75
<i>Spinach cooked with potatoes.</i>	
SAAG PANEER	£3.75
<i>Spinach cooked with Indian cheese in a creamy sauce.</i>	
GOBI PANEER.....	£3.75
<i>Cauliflower cooked with Indian cheese in a creamy sauce.</i>	
MATTER PANEER	£3.75
<i>Fresh peas cooked with Indian cheese in a creamy sauce.</i>	
GOBI BHAJI	£3.75
<i>Cauliflower cooked in mild spice</i>	
TARKA DAAL	£3.75
<i>Lentils with garlic and fenugreek.</i>	
BOMBAY ALOO	£3.75
MUSHROOM BHAJI	£3.75
BHINDI BHAJI	£3.75
<i>Fried okra in mild spice</i>	
CHANA MASSALA.....	£3.75
<i>Chick peas cooked in a tangy sauce.</i>	
PALONG SAAG	£3.75
<i>Fresh spinach finished with onions and garlic</i>	
ONION BHAJI	£3.75
BRINJAL BHAJI	£3.75
<i>Gently fried aubergine in a mild spice.</i>	

Accompaniments

PLAIN RICE (BOILED)	£2.25
PILAU RICE	£2.75
<i>Basmati rice flavoured with saffron.</i>	
COCONUT RICE	£3.00
LEMON RICE.....	£3.00
SPECIAL RICE.....	£3.00
MUSHROOM RICE	£3.00
CHILLI RICE	£3.00
KIMA RICE.....	£4.00
GREEN SALAD	£2.00

Breads

NAAN	£2.25
GARLIC NAAN.....	£2.75
PESHWARI NAAN	£2.75
<i>Sweet almond stuffing.</i>	
KEEMA NAAN	£2.75
<i>Minced meat stuffing</i>	
KULCHA NAAN	£2.75
<i>Stuffed with vegetable.</i>	
CHEESE NAAN	£2.75
MIXED NAAN.....	£3.50
<i>Garlic, green chili & coriander</i>	
PARATHA	£2.50
STUFFED PARATHA	£2.95
<i>Stuffed with vegetable.</i>	
CHAPATI	£1.75
TANDOORI ROTI.....	£2.25
PURI	£1.75
CUCUMBER RAITHA	£2.00
<i>Cucumber in a refreshing yogurt sauce.</i>	

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as vegetarian.*

THE SHENAI'S night

EVERY TUESDAY

- Any one starter • Any one main course • any one vegetable side dish • Any one Rice or nan • Coffee & Mint • Tandoori Mixed Grill, Meat Thali & Any King Prawn dishes £3.50 extra per dish
- For £13.95 (Eat in only)

THE SHENAI'S buffet

EVERY SUNDAY

For adult £9.95 Kids (under 10) £5.95 (Eat in only)
12pm - 2pm & 6pm - 10pm on Sunday

Food prepared using vegetable oil which has been produced from genetically modified soya